

Residential Treatment Program

Child Guidance Center's Residential Treatment Program is specialized for adolescent males who have acted out in a sexual manner and require an intense level of mental health care within safe and secure environment.

This highly structured program provides comprehensive sex-offense specific treatment to males ages 13 to 17 who demonstrate sexually abusive or offensive behaviors. To prevent further victimization and reduce the likelihood of re-offending, the primary focus in the milieu design is de-escalation of sexually abusive behaviors as adolescents progress into adulthood.



The 24-hour facility is located in a residential neighborhood and is staffed with more than two dozen professionals who provide continual supervision and support to youth.

The facility has the capacity to serve ten males. It includes ten bedrooms, large living/dining area, kitchen, computer lab, recreation room, and school room. Lincoln Public Schools provides an on-site teacher for clients who cannot yet be safely integrated into the public schools.

Day Treatment Program

The Residential Treatment Program may also place youth in a partial services level of care based on the risk of the individual and community safety. Day Treatment clients have access to the milieu and groups provided in the program and are able to take advantage of a flexible schedule to best address their specific needs and goals. Partial services may also be utilized for youth transitioning into or out of the residential program to ensure their success.

Program Philosophy

Early intervention and treatment are integral in preventing adolescents from engaging in further sexual misconduct and allowing them to focus on building consensual, age-appropriate relationships.

The program staff strive to provide a safe and nurturing environment that enables youth to explore the issues that impact their choices and how those choices impact others. Program staff are dedicated to providing services of the highest quality, where dignity and respect are upheld. Youth are given opportunities learn and practice pro-social coping and interpersonal skills, allowing them to heal and grow.

Safety of clients, victims, and the community at large are priority treatment considerations.

Client progress, victim clarification, and relapse prevention projects are monitored closely the Child Guidance Center clinical treatment team.

Each client's care is directed by the clinical treatment team. This team guides, monitors, and evaluates treatment planning, goals, and client progress. The team is comprised of clinical professionals, residence staff, and educational personnel.

Therapeutic Services

- Individual therapy
- Group therapy
- Family therapy
- Therapeutic recreation
- Therapeutic milieu designed to address treatment needs and goals

Issues Addressed in Group Therapy

- Anger management
- Sexual deviance
- Impulse control
- Social skills
- Health and sex education
- Preparing for adult living

“Having to send your child away is not an easy thing to do. Luckily, for parents, there is Child Guidance Center... I can't say enough about all of your staff, your therapists, and your program.”

—Residential Treatment Program Parent

Admission Criteria & Referral Process

Generally, admission to the program is based upon a comprehensive pre-treatment assessment and review by the treatment team. Individuals considered appropriate for placement include adolescent males ages 13 to 17 who express a desire for treatment of sexually abusive or offensive behaviors such as sibling incest, child sexual abuse, non-contact sexual offenses, and/or sexually acting out against peers.

Individuals will also meet the following criteria:

- ⇒ Youth is able to be maintained safely in an unlocked, staff-secure, community residential setting (involves assessment of a runaway risk, chronic physical aggression/violence, security issues).
- ⇒ Youth demonstrates behaviors and/or symptomatology that does not warrant inpatient psychiatric hospitalization.
- ⇒ Assessment of youth warrants residential treatment setting.

To make a referral, contact the Director of Residential & Crisis Services: 402-475-7666

Youth may also be referred through Child Guidance Center's Outpatient Mental Health Services program.



About Child Guidance Center

Child Guidance Center is a private non-profit agency providing mental health services to children, adolescents, and their families.

Founded in 1949 by Lincoln's Junior League, Child Guidance Center has been making a difference in the community by supporting families in their efforts to raise emotionally healthy kids.

Child Guidance Center provides a continuum of prevention, early intervention, and treatment options to meet every individual's needs.

Services are provided by licensed mental health professionals with training and experience in the areas of psychiatry, psychology, social work, psychiatric nursing, relationship and family therapy, art therapy, play therapy, and counseling.

Services are offered on a sliding-fee, ability to pay basis. Medicaid and insurance accepted.

For more information or to arrange for services, please call 475-7666

Agency Hours

Monday-Thursday 8:00 a.m. - 8:00 p.m.
Friday 8:00 a.m. - 5:00 p.m.



Helping kids find hope and healing



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Accredited by
The Joint Commission



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Residential Treatment Program

A Program for Adolescent Males
With Sexual Abuse Issues