



All children deserve a chance.
 To have a childhood.
 To dream.
 To reach their fullest potential.



Helping kids find hope and healing

About Child Guidance Center

Child Guidance Center is a private non-profit agency providing mental health services to children, adolescents, and their families.

Founded in 1949 by Lincoln's Junior League, Child Guidance Center has been making a difference in the community by supporting families in their efforts to raise emotionally healthy kids.

Child Guidance Center provides a continuum of prevention, early intervention, and treatment options to meet every individual's needs.

Services are provided by licensed mental health professionals with training and experience in the areas of psychiatry, psychology, social work, psychiatric nursing, relationship and family therapy, art therapy, play therapy, and counseling.

Children must be Medicaid eligible to participate in the Extended Day Treatment Program.

For More information or to arrange for services, please call 402.475.7666

Agency Hours

Monday-Thursday 8:00 a.m. - 8:00 p.m.
 Friday 8:00 a.m. - 5:00 p.m.



Helping kids find hope and healing

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 The Joint Commission



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 Region V Systems



Extended Day Treatment Program

A program for children ages
 5-11 to address emotional
 and behavioral challenges

Extended Day Treatment Program

For Children with
Serious Emotional Challenges

A number of Child Guidance Center's clients require an intensive therapeutic experience to realize a degree of success in reaching their treatment goals.

The Extended Day Treatment Program provides this type of treatment option for youth between the ages of 5 and 11 years old with serious emotional and behavioral challenges that result from trauma, abuse, neglect and attachment issues, and put them at-risk for out-of-home placement or hospitalization.

Many of these children have angry outbursts, difficulty getting along with others, difficulty following directions, are sad, have experienced some kind of abuse or are having behavior problems at school and/or home.



Staff having a verbal therapeutic intervention with a client.

Extended Day Treatment Program

For Children ages 5-11 years old
with emotional and behavioral
challenges.

About the Program:

- » Extended Day Treatment Program Hours when LPS is IN session: after school from 2:30p.m 5:30p.m., doors open at 2:15p.m. Monday thru Friday.
- » Extended Day Treatment Program Hours when LPS is NOT in session: mornings from 9a.m.-12p.m., doors open at 8:45a.m. Monday thru Friday.
- » Transportation and meals are provided.
- » Each child in the program is assigned an individual therapist.
- » Each child attending the EDTP is also involved in group therapy.
- » Many of the skills are taught during social and physical activities.
- » A 4 children to 1 adult ratio is maintained at all times.
- » Family therapy and a parent support group are provided.

Who Does EDTP Work For?

The primary identified client in the Extended Day Treatment Program is the child, but we believe our intervention is most effective when parenting figures are actively involved in the therapeutic process. A strong parent/guardian commitment to the process is highly encouraged and participation in family therapy is required.

The Extended Day Treatment Program (EDTP) is the only program of its kind in the State of Nebraska, and is highly valued within our community.



The Graduation Wall at the EDTP filling with hand prints of that years graduates

For referral information please
contact the Child Guidance Center
Extended Day Treatment
Program Office

402.475.7666

Our Mission

To improve the coping skills, social skills, and community functioning of children while creating greater client self-regulation of behavior, accomplished through behavioral reinforcement strategies, individual therapy and group therapy.