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*In honor of Cline, Williams, Wright, Johnson, & Oldfather's 150th anniversary

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*In memory of Phyllis Witherby



Annual Report 2007-2008

Helping kids find hope and healing

October, 2008

Dear Friends,

Every child deserves a chance. A chance to heal. A chance to flourish. A chance to dream of a future that's not about anger, tears, and broken promises.... to be a kid again.

At Child Guidance Center, we are driven by our passion to help children reach their fullest potential. For nearly sixty years, we've supported families in their efforts to raise emotionally healthy kids. From helping a child heal from sexual abuse, to giving a child the tools to overcome severe depression, to helping a teenager with substance abuse issues, to teaching a parent how to better communicate—we take great care to meet the needs of our clients. This includes our commitment to serving all youth who walk through our doors, regardless of ability to pay.

In the past year, our staff have given the lifesaving gifts of hope and healing to over 2,000 children, adolescents, and their families in Lincoln. Many of these youth are at-risk. They come to us for many reasons. Frequently, they have experienced some kind of trauma beyond their control which leads them to act out or self abuse. Their parents are often stressed and exhausted. Many of them have been turned away from receiving help elsewhere due to lack of insurance or other financial barriers. That is why Child Guidance Center is here.

We take great pride in our ability to reach out to the kids and families who rely on us most. In the 2007-2008 fiscal year, more than 400 new clients came to us for help in our outpatient programs alone. And nearly all required some sort of financial subsidy for the services they received. We served more than 600 clients in our outpatient office, 230 students through our outreach programs in the public schools, over 1,200 youth in the juvenile justice system, and 85 youth in our residential and day treatment programs. In response to the increasingly diverse language needs of the community, we served more than 70 clients whose primary language was other than English.

While treating kids is at the heart of all we do, we have found that it is essential to also care for the mental health needs of parents to ensure the well-being and long-term success of their children. In the spring, we received a \$35,000 grant from the Woods Charitable Fund, along with \$35,000 in funding from Region V Systems, to support an expansion of our services to parents. Because Medicaid does not cover the cost to provide individual therapy to adults, these funds gave us the support necessary to meet one-on-one with parents who were in need of treatment for their own mental health issues and histories of trauma, which have a dramatic impact on the lives of their kids.

Through these contributions, and those from our caring donors and partners throughout the year, we have been able to offer more comprehensive treatment that addresses the needs of the entire family, ultimately leading to more effective outcomes.

With the dedication of our staff and the generosity of friends like you, Child Guidance Center has been able to offer children the chance they need to thrive—giving them a promising future and making a positive difference in our community for years to come. Thank you.

Sincerely,

Executive Director

(We apologize for any inadvertent omissions. Please notify us at 402-475-7666.)

2444 "O" Street • Lincoln, NE 68510 • 402-475-7666 • Fax 402-475-9623

www.child-guidance.org

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Board Meetings are held on the second Wednesday of every other month. Members serve for two terms of three years each.

Executive Director

Carol Crumpacker, PhD

Funded in part by the Department of Health and Human Services and Region V Systems.



Accredited by the Joint Commission on Accreditation of Healthcare Organizations.



A United Way member agency.

Programs and Services

Outpatient Services

Outpatient clinic treatment options include individual, group, and family therapy, as well as art and play therapy. Therapeutic treatment services for adolescent sex offenders include individual therapy, group therapy, and comprehensive risk assessments (served 611 youth/families for 8519.00 hours).

Outpatient Services-Schools

Therapists in sixteen area public schools treat disturbed or at-risk students on-site (served 163 youth for 4050.25 hours).

Choices

On-site substance abuse education and treatment services for at-risk youth in six public secondary schools (served 67 youth/1084.50 hours).

Community-Based Evaluations

Comprehensive psychological evaluations for youth referred by the Juvenile Justice System (served 190 youth/families for 1171.25 hours).

Residential Treatment Program

Specialized residential treatment services for adolescent males ages 12-18 years who have been sexually abusive. The program also includes day treatment for youth who do not require 24-hour placement, but can benefit from the structure and therapeutic environment of the Residential Treatment Program (served 23 youth/families).

Extended Day Treatment Program

Intensive therapeutic after-school and summer program for children 6-12 years with serious emotional and behavioral difficulties (served 62 youth).

Therapeutic Consultation

On-site therapy sessions for emotionally disturbed youth primarily through the Donald Sherill Education Center (served 21 youth/1344.00 hours).

Youth in Crisis

Suicide assessments and transitional counseling to all youth detained in the Juvenile Detention Center (served 846 youth/1780.75 hours).

Prevention

Parenting Wisely classes for the community (served 69 parents/91.50 hours).

Intake Calls FY07-08

Total intake calls	438
Average calls per month	36.5
6-15 years of age	65%
Male	54%
Female	46%
Single parent household	40%
Prior outpatient treatment	45%

Our Mission

Child Guidance Center is dedicated to meeting the mental health needs of children and their families in the Lincoln area and surrounding communities through effective and flexible therapeutic partnerships and a commitment to advocacy and positive social change.

Agency Demographics

Gender	
Male	66%
Female	34%
Age:	
1-5 yrs	3%
6-12 yrs	21%
13-18 yrs	68%
19+ yrs	8%
Race:	
White	54%
American Indian	3%
Black/African American	16%
Hispanic	8%
Asian/Pacific Islander	4%
Other	2%
Unknown	13%
Income (Outpatient only):	
\$0	16%
\$1-\$19,999	45%
\$20,000-\$34,999	22%
\$35,000-\$49,999	7%
\$50,000+	10%

Treatment Effectiveness

Our primary measure for treatment effectiveness is the pre- and post- treatment administration of the Child and Adolescent Functional Assessment Scale (CAFAS). Outcomes were as follows:

Outpatient Services: 96% maintained or improved level of functioning.

Residential Treatment: 100% maintained or improved level of functioning for those youth completing treatment.

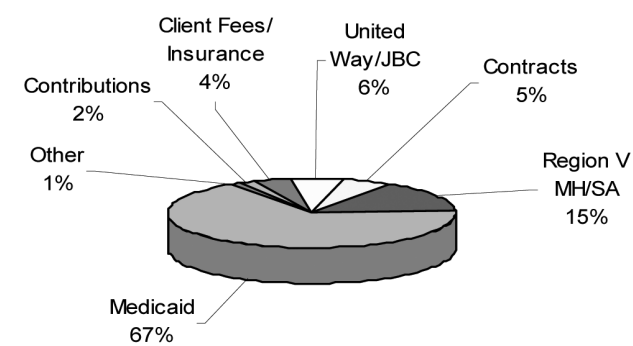
Extended Day Treatment: 86% maintained or improved level of functioning.

Cultural Competence

Lincoln/Lancaster Country is an area rich in cultural diversity. Lincoln Public Schools currently serves over 1800 students from 52 nations who speak 50 different languages. It is the goal of this agency to provide the same quality and the same continuum of services to children and families from these diverse backgrounds that are provided to the mainstream community. To meet this goal, the agency employs the only master's level Vietnamese therapist in the state. Two Hispanic therapists provide therapeutic and assessment services and the evening receptionist speaks fluent Spanish. Services to other ethnic groups are provided through the use of an interpreter. In addition, a therapist provides services to the deaf and hard of hearing population through American Sign Language.

Financial Data (\$3,798,389)

Revenue and Support



Expenses

