



Helping kids find hope and healing

# Annual Report 2006-2007

October, 2007

Dear Friends,

I am delighted to present to you Child Guidance Center's 2006-2007 Annual Report. Since our agency was founded in 1949 by Lincoln's Junior League and United Way, we have successfully provided a comprehensive array of counseling services to children, adolescents, and their families in Lincoln and the surrounding communities.

This is a particularly exciting time for our agency as we are unveiling our new tagline: **Helping kids find hope and healing.** This statement captures the spirit and purpose of our agency, which is to ensure that youth are given the strength to cope with the trauma they have experienced and reclaim the sense of security and joy that they need to move forward. By addressing the underlying issues that ultimately lead them to seek treatment, we are able to effectively mend the minds and hearts of our clients, allowing them to go on to lead happy and productive lives.

Child Guidance Center's work to support families in their efforts to raise emotionally healthy children results in positive social change for the entire community. Our staff pride themselves in providing expert mental health services to every child in need of treatment, regardless of financial ability. We could not do this alone and that is why we depend on the support of our donors, partners, and friends to achieve this critical goal. Thank you for making the lives of children as important to you as they are to us.

Carol Crumpacker, PhD  
Executive Director

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**Executive Director:**

Carol Crumpacker, PhD

*(Board Meetings are held on the second Wednesday of every other month. Members serve for two terms of three years each.)*

*Funded in part by the Department of Health and Human Services and Region V Systems.*

*Accredited by the Joint Commission on Accreditation of Healthcare Organizations.*



**Mission Statement**

“The Child Guidance Center is dedicated to meeting the mental health needs of children and their families in the Lincoln area and surrounding communities through effective and flexible therapeutic partnerships and a commitment to advocacy and positive social change.”

**Programs and Services**

**Outpatient Services**

Outpatient clinic treatment options include individual, group, and family therapy, as well as art and play therapy. Therapeutic treatment services for adolescent sex offenders include individual therapy, group therapy, and comprehensive risk assessments (served 677 youth/families for 9535.00 hours).

**Outpatient Services-Schools**

Therapists in sixteen area public schools treat disturbed or at-risk students on-site (served 179 youth for 4595.00 hours).

**Choices**

On-site substance abuse education and treatment services for at-risk youth in six public secondary schools (served 54 youth/1223.75 hours).

**Community-Based Evaluations**

Comprehensive psychological evaluations for youth referred by the Juvenile Justice System (served 208 youth/families for 1380.00 hours).

**Residential Treatment Program**

Specialized residential treatment services for adolescent males ages 12-18 years who have been sexually abusive. The program also includes day treatment for youth who do not require 24-hour placement, but can benefit from the structure and therapeutic environment of the Residential Treatment Program (served 26 youth/families).

**Extended Day Treatment Program**

Intensive therapeutic after-school and summer program for children 6-12 years with serious emotional and behavioral difficulties (served 63 youth).

**Therapeutic Consultation**

On-site therapy sessions for emotionally disturbed youth primarily through the Donald Sherill Education Center (served 24 youth/1401.50 hours).

**Youth in Crisis**

Suicide assessments and transitional counseling to all youth detained in the Juvenile Detention Center (served 842 youth/1864.25 hours).

**Prevention**

Parenting Wisely classes for the community (served 91 parents/102.00 hours).

**Intake Calls FY06-07**

Total intake calls	437
Average calls per month	36.4
6-15 years of age	63%
Male	59%
Female	41%
Single parent household	50%

## Treatment Effectiveness

Our primary measure for treatment effectiveness is the pre- and post- treatment administration of the Child and Adolescent Functional Assessment Scale (CAFAS). Outcomes were as follows:

Outpatient Services: 93% maintained or improved level of functioning.

Residential Treatment: 92% maintained or improved level of functioning for those youth completing treatment.

Extended Day Treatment: 85% maintained or improved level of functioning.

## Consumer Satisfaction Surveys

Outpatient Services: 96% satisfied or very satisfied with services.

Residential Treatment: 80% parents or guardians whose youth successfully completed the program very satisfied.

Extended Day Treatment: 100% satisfied or very satisfied with services.

## Cultural Competence

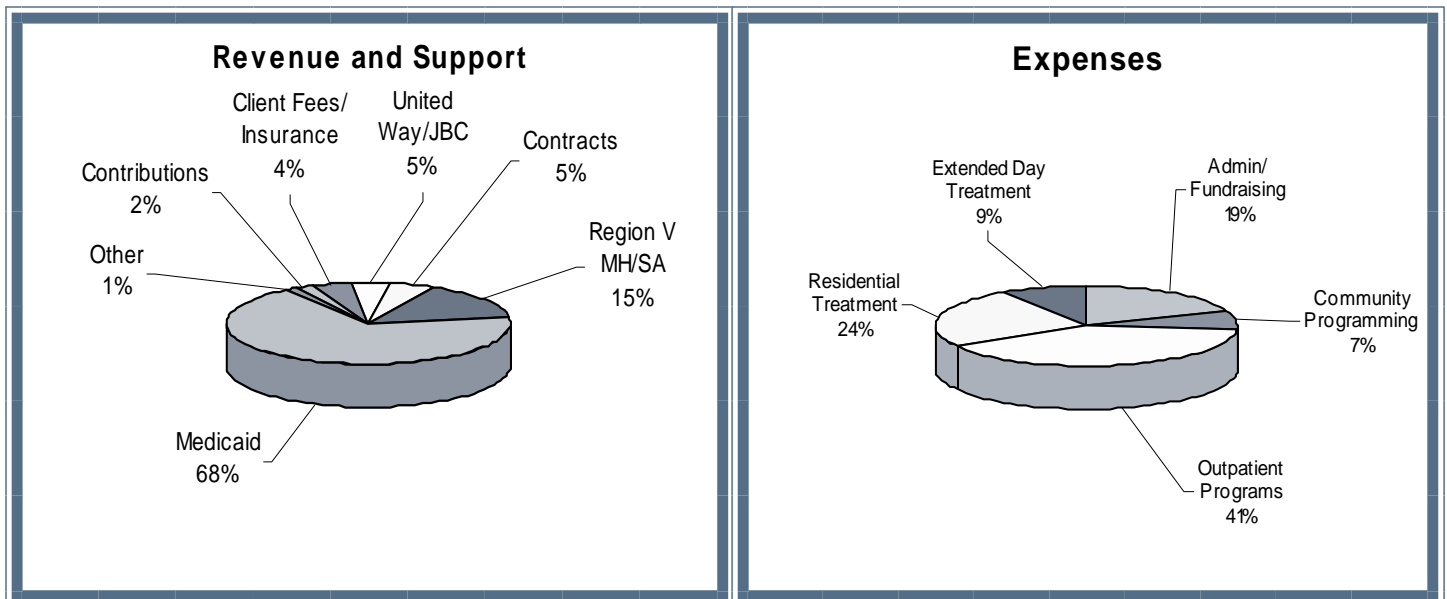
Lincoln/Lancaster County is an area rich in cultural diversity. Lincoln Public Schools currently serves over 1800 students from 52 nations who speak 50 different languages.

It is the goal of this agency to provide the same quality and the same continuum of services to children and families from these diverse backgrounds that are provided to the mainstream community. To meet this goal, the agency employs the only master's level Vietnamese therapist in the State. Services to other ethnic groups are provided through the use of an interpreter.

## Agency Demographics

<u>Gender:</u>	
Male	65%
Female	35%
<u>Age:</u>	
1-5 yrs	5%
6-12 yrs	26%
13-18 yrs	62%
19+ yrs	7%
<u>Race:</u>	
White	57%
American Indian	3%
Black/African American	14%
Hispanic	8%
Asian/Pacific Islander	3%
Other	2%
Unknown	13%
<u>Income (Outpatient only):</u>	
\$0	16%
\$1-\$19,999	46%
\$20,000-\$34,999	21%
\$35,000-\$49,999	6%
\$50,000+	9%
Unknown	2%

## Financial Data (\$3,871,976)



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*(We apologize for any inadvertent omissions. Please notify us at 475-7666.)*