

Child Guidance Center

Annual Report

FY 2005-06

October, 2006

2444 O Street
Lincoln, NE 68510
(402) 475-7666
www.child-guidance.org

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Executive Director:
Carol Crumpacker

(Board Meetings are held on the third Wednesday of each month. Members serve for two terms of three years each.)

Intake Calls FY05-06

439 intake calls
36.6 average calls per month
62% were 6-15 years of age
59% Male; 41% Female
51% live in a single parent household

Funded in part by the Department of Health and Human Services and Region V Systems.

Accredited by the Joint Commission.



"At any given time, one in five children is suffering from a mental health problem. Two-thirds are not getting the help they need. TREATMENT WORKS! The Child Guidance Center helps children and families get back on track."

Carol Crumpacker, Executive Director

Programs and Services

Outpatient Services

Outpatient clinic treatment options include individual, group and family therapy as well as art and play therapy (served 765 youth/families for 10624.75 hrs); community treatment aides visit the home for more intensive treatment.

Outpatient Services-Schools

Therapists in sixteen area public schools treat disturbed or at-risk students on-site (served 161 youth for 3511.75 hrs).

Adolescent Sex Offender Program

Therapeutic treatment services for adolescent sex offenders including individual therapy, group therapy, and comprehensive risk assessments (served 68 youth/families for 1724.75 hrs).

Choices

On-site substance abuse education and treatment services for at-risk youth in six public secondary schools (served 79 youth/1236.00 hrs).

Multi-Systemic Therapy

Collaborative pilot research program with the University of Nebraska Center for At Risk Children's Services which provides intense treatment for kindergarten-3rd grade youth and their families (served 19 youth/families). Funding for the program ended June, 2006.

Community-Based Evaluations

Comprehensive psychological evaluations for youth referred by the Juvenile Justice System (served 160 youth/families for 1042.00 hrs).



Residential Treatment Program

Specialized residential program for adolescent males ages 12-18 years who have been sexually abusive. Includes day treatment for youth who do not require 24-hour placement, but can benefit from the structure and therapeutic environment of the Residential Treatment Program. Services are available up to seven days each week (served 20 youth/families).

Extended Day Treatment Program

Intensive therapeutic after-school and summer program for children 6-12 years with serious emotional and behavioral difficulties (served 81 youth).

Therapeutic Consultation

On-site therapy sessions for emotionally disturbed youth primarily through the Donald Sherill Education Center (served 17 youth/1431.75 hrs).

Youth in Crisis

Suicide assessments and transitional counseling to all youth detained in the Juvenile Detention Center (served 833 youth/1729.75 hrs).

Prevention

Parenting Wisely classes for the community (served 86 parents/102.00 hrs).



Treatment Effectiveness

Our primary measure for treatment effectiveness is the pre- and post- treatment administration of the Child and Adolescent Functional Assessment Scale (CAFAS). Outcomes were as follows:

Outpatient Services: 90.40% maintained or improved level of functioning.

Residential Treatment: 100.00% maintained or improved level of functioning for those youth completing treatment.

Extended Day Treatment: 89.00% maintained or improved level of functioning.

Mission Statement:

"The Child Guidance Center is dedicated to meeting the mental health needs of children and their families in the Lincoln area and surrounding communities through effective and flexible therapeutic partnerships and a commitment to advocacy and positive social change."

Agency Demographics

Gender:

| | |
|--------|--------|
| Male | 61.75% |
| Female | 38.25% |

Age:

| | |
|-----------|--------|
| 1-5 yrs | 2.97% |
| 6-12 yrs | 24.77% |
| 13-18 yrs | 63.07% |
| 19+ yrs | 9.19% |

Race:

| | |
|------------------------|--------|
| White | 64.93% |
| American Indian | 2.87% |
| Black/African American | 12.31% |
| Hispanic | 5.57% |
| Asian/Pacific Islander | 2.83% |
| Alaskan Native | 0.13% |
| Other | 3.18% |
| Unknown | 8.18% |

Income (Outpatient only):

| | |
|-------------------|--------|
| \$0 | 15.13% |
| \$1-\$19,999 | 39.86% |
| \$20,000-\$34,999 | 25.69% |
| \$35,000-\$49,999 | 8.76% |
| \$50,000+ | 10.20% |
| Unknown | 0.36% |

Consumer Satisfaction Surveys

Outpatient Services: 94.72% satisfied or very satisfied with services.

Residential Treatment: 100.00% parents very satisfied with program whose youth successfully completed the program.

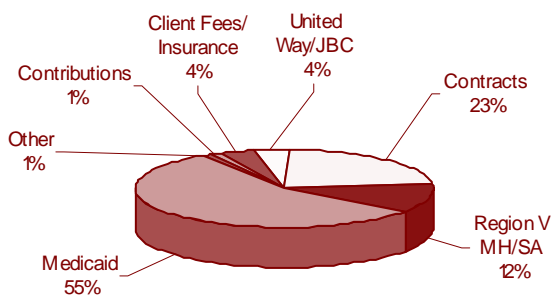
Extended Day Treatment: 94.44% mostly or very satisfied with services.

Cultural Competence

Lincoln/Lancaster is an area rich in cultural diversity. Lincoln Public Schools currently serves over 1800 students from 52 nations who speak 50 different languages. It is the goal of this agency to provide the same quality and the same continuum of services to children and families from these diverse backgrounds that are provided to the mainstream community. To meet this goal, the agency employs the only master's level Vietnamese therapist in the State and provides monetary support for Spanish language classes to one therapist, one billing clerk and one receptionist. Services to other ethnic groups are provided through the use of an interpreter.

Financial Data (\$4,505,653)

Revenue and Support



Expenses

