



Helping kids find hope and healing

October, 2011

2444 'O' Street
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2010-2011

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Carol Crumpacker, PhD

Board Meetings are held on the second Wednesday of every other month. Members serve for two terms of three years each.

Funded in part by the Department of Health and Human Services and Region V Systems.



Accredited by the Joint Commission on Accreditation of Healthcare Organizations.



A United Way Member Agency.

A Good Year!

The Child Guidance Center had a good year. We completed the final renovation of our building at 25th and "O" Streets and created more space for treatment for the children and families on our waiting list. We were able to create this space and expand services because the people in this community do care about children's mental health.

We were inspired by the grants we received from community foundations for the renovations and by our Legislature who fought for Medicaid rates to remain stable. We were also encouraged that the County maintained most of our funding despite budget cuts in other areas. We adapted to the changes in Medicaid by working collaboratively with other agencies and with the department. Most importantly, we made a difference in the lives of 2,373 children and families across all of our programs. It was a good year.

Programs and Services

Outpatient Services

Outpatient clinic treatment options include individual, group, and family therapy, as well as art and play therapy. Therapeutic treatment services for adolescent sex offenders include individual therapy, group therapy, and comprehensive risk assessments (served 734 youth/families for 11283.25 hours).

Choices

On-site substance abuse education and treatment services for at-risk youth in six public secondary schools (served 86 youth for 1232.75 hours).

Community-Based Evaluations

Comprehensive psychological evaluations for youth referred by the Juvenile Justice System (served 231 youth/families for 1230.25 hours).

Residential Treatment Program

Specialized residential treatment services for adolescent males ages 12-18 years old who have been sexually abusive. The program also includes day treatment for youth who do not require 24-hour placement, but can benefit from the structure and therapeutic environment of the Residential Treatment Program (served 21 youth/families).

Sincerely,

Carol Crumpacker, PhD
Executive Director

Outpatient Services-Schools

Therapists in nineteen area public schools treat disturbed or at-risk students on-site (served 317 youth for 6858.75 hours).

Extended Day Treatment Program

Intensive therapeutic after-school and summer program for children 5-11 years old with serious emotional and behavioral difficulties (served 49 youth).

Therapeutic Consultation

On-site therapy sessions for emotionally disturbed youth primarily through the Donald Sherill Education Center (served 12 youth/1301 hours).

Youth in Crisis

Suicide assessments and transitional counseling to all youth detained in the Juvenile Detention Center (served 923 youth/1980.50 hours).

Intake Calls FY 10-11

Total intake calls	1464
Total intakes	635
Average calls per month	122
Average intakes per month	53
5-16 years of age	71%
Male	55%
Female	45%
Single parent household	40%
Prior outpatient treatment	47%

Treatment Effectiveness

Our primary measure for treatment effectiveness is the pre and post-treatment administration of the Child and Adolescent Functional Assessment Scale (CAFAS). Outcomes were as follows:

Outpatient Services

92% maintained or improved level of functioning.

Residential Treatment:

100% of youth completing treatment maintained or improved level of functioning.

Extended Day Treatment:

96% maintained or improved level of functioning.

Client Satisfaction Surveys

Outpatient Services: 95% satisfied or very satisfied with services.

Residential Treatment: 100% satisfied or very satisfied with services.

Extended Day Treatment: 100% satisfied or very satisfied with services.

Cultural Competence

Lincoln/Lancaster County is an area rich in cultural diversity. Lincoln Public Schools currently serve over 2250 students from 52 nations who speak 50 different languages. It is the goal of this agency to provide the same quality and the same continuum of services to children and families from these diverse backgrounds that are provided to the mainstream community. To meet this goal, the agency employs a Master's level Vietnamese therapist. We are also developing a working relationship with the American Indian Center and with the Malone Center. One Hispanic therapist provides therapeutic and assessment services. We have hired a Pakistani therapist who moved to the US prior to starting school. Services to other ethnic groups are provided through the use of an interpreter. In addition, a therapist provides services to the deaf and hard of hearing population through American Sign Language.

Our Mission

Child Guidance Center is dedicated to meeting the mental health needs of children and their families in the Lincoln area and surrounding communities through effective and flexible therapeutic partnerships and a commitment to advocacy and positive social change.

Agency Demographics

Gender:

Male	54%
Female	46%

Age:

1-5 years	12%
6-12 years	43%
13-18 years	29%
19+ years	16%

Race:

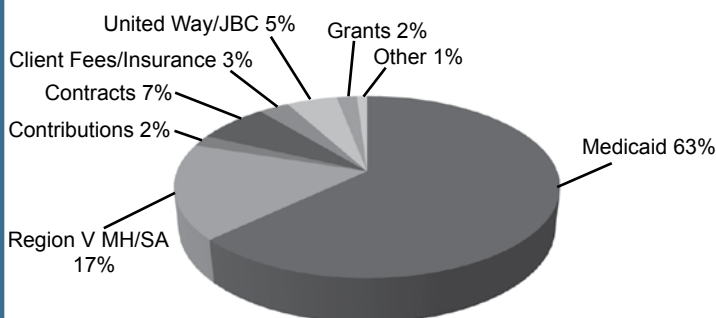
White	59%
American Indian	2%
Black/African American	10%
Hispanic	6%
Asian/Pacific Islander	6%
Other/Unknown	17%

Income (Outpatient only):

\$0	29%
\$1-19,999	37%
\$20,000-\$34,999	18%
\$35,000-\$49,000	6%
\$50,000+	10%

2010-2011 Budget: \$4,404,490

Revenue and Support



Expenses

