



Helping kids find hope and healing

October, 2010

2444 'O' Street
Lincoln, NE 68510

402.475.7666

www.child-guidance.org

2009-2010

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Executive Director

Carol Crumpacker, PhD

Board Meetings are held on the second Wednesday of every other month. Members serve for two terms of three years each.

Funded in part by the Department of Health and Human Services and Region V Systems.



Accredited by the Joint Commission on Accreditation of Healthcare Organizations.



A United Way Member Agency.

Treatment Works!

Does therapy really work? We ask this question for the well-being of our clients and the integrity of the work we do at the Child Guidance Center. We have adopted Client-Directed, Outcome-Informed Treatment across all of our agency programs. This model asks for feedback from clients at every session regarding their perception of progress and their assessment of the client-therapist alliance. This approach empowers clients, giving both parents and youth a voice in their own treatment. Rather than focusing on disorders and labels, therapy taps into the child and family's strengths, resources and creativity.

Using this model, our data indicates that across all of our programs, 83% of our clients are reaching service targets. As an agency, we continue to implement optimal methodology in the context of our commitment to children and families.

Sincerely,

Carol Crumpacker, PhD
Executive Director

Programs and Services

Outpatient Services

Outpatient clinic treatment options include individual, group, and family therapy, as well as art and play therapy. Therapeutic treatment services for adolescent sex offenders include individual therapy, group therapy, and comprehensive risk assessments (served 895 youth/families for 11008.5 hours).

Choices

On-site substance abuse education and treatment services for at-risk youth in six public secondary schools (served 89 youth for 1231.25 hours).

Community-Based Evaluations

Comprehensive psychological evaluations for youth referred by the Juvenile Justice System (served 274 youth/families for 1093 hours).

Residential Treatment Program

Specialized residential treatment services for adolescent males ages 12-18 years old who have been sexually abusive. The program also includes day treatment for youth who do not require 24-hour placement, but can benefit from the structure and therapeutic environment of the Residential Treatment Program (served 18 youth/families).

Outpatient Services-Schools

Therapists in nine area public schools treat disturbed or at-risk students on-site (served 246 youth for 5057.50 hours).

Extended Day Treatment Program

Intensive therapeutic after-school and summer program for children 5-11 years old with serious emotional and behavioral difficulties (served 61 youth).

Therapeutic Consultation

Intensive on-site therapy sessions for emotionally disturbed youth primarily through the Donald Sherill Education Center (served 14 youth/1788.25 hours).

Youth in Crisis

Suicide assessments and transitional counseling to all youth detained in the Juvenile Detention Center (served 872 youth/2050 hours).

Intake Calls FY 09-10

Total intake calls	1,597
Total intakes	476
Average calls per month	133
Average intakes per month	40
5-16 years of age	74%
Male	51%
Female	49%
Single parent household	35%
Prior outpatient treatment	58%

Treatment Effectiveness

Our primary measure for treatment effectiveness is the pre and post-treatment administration of the Child and Adolescent Functional Assessment Scale (CAFAS). Outcomes were as follows:

Outpatient Services

93% maintained or improved level of functioning.

Residential Treatment:

92% of youth completing treatment maintained or improved level of functioning.

Extended Day Treatment:

91% maintained or improved level of functioning.

Client Satisfaction Surveys

Outpatient Services: 93% satisfied or very satisfied with services.

Residential Treatment: 100.00% satisfied or very satisfied with services.

Extended Day Treatment: 92% satisfied or very satisfied with services.

Cultural Competence

Lincoln/Lancaster County is an area rich in cultural diversity. Lincoln Public Schools currently serve over 2250 students from 52 nations who speak 50 different languages. It is the goal of this agency to provide the same quality and the same continuum of services to children and families from these diverse backgrounds that are provided to the mainstream community. To meet this goal, the agency employs the only Master's level Vietnamese therapist in the state. We are also developing a working relationship with the American Indian Center and with the Malone Center. One Hispanic therapist provides therapeutic and assessment services. We have hired a Pakistani therapist who moved to the US prior to starting school. Services to other ethnic groups are provided through the use of an interpreter. In addition, a therapist provides services to the deaf and hard of hearing population through American Sign Language.

Our Mission

Child Guidance Center is dedicated to meeting the mental health needs of children and their families in the Lincoln area and surrounding communities through effective and flexible therapeutic partnerships and a commitment to advocacy and positive social change.

Agency Demographics

Gender:

Male	56%
Female	44%

Age:

1-5 years	4%
6-12 years	44%
13-18 years	40%
19+ years	12%

Race:

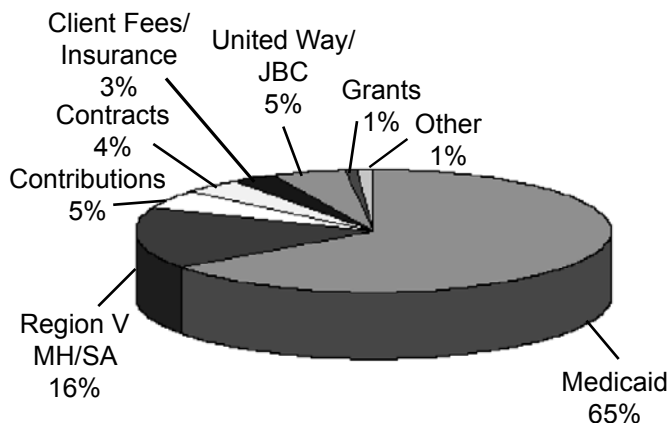
White	63%
American Indian	1%
Black/African American	15%
Hispanic	6%
Asian/Pacific Islander	4%
Other	2%
Unknown	9%

Income (Outpatient only):

\$0	18%
\$1-19,999	45%
\$20,000-\$34,999	22%
\$35,000-\$49,000	6%
\$50,000+	9%

2009-2010 Budget: \$4,278,947

Revenue and Support



Expenses

